villach

Biological food in the municipal Kindergartens of Villach

1. Municipial Kindergartens



- 13 kindergartens throughout the City of Villach
- 7 School Day Care Houses
- In all the institutions we educate and look after 1400 kids in 67 groups

2. Food



- Healthy nutrition and health education are an integral part of educational work
- We cook in each Institution fresh and healthy every day by an own cooking crew
- Our Claim is to provide freshly cooked high quality food for every child that visits one of our institutions
- Food should be biological, regional and seasonal

3. Planing



1996 - 1997

Proper nutritional behavior should be taught as early as possible, because the behaviors learned in childhood stay with us throughout our lives.

A balanced diet with healthy, wholesome foods is therefore particularly important

4. Pilot project



- KG/HO Lind pilot project 1998/2001 "organic food"
- Focus: "Healthy nutrition" in kindergarten/after-school care Proper nutritional behavior should be taught as early as possible
- Use of organic products with a balanced menu design





Great satisfaction among children, parents and employees Organic content approx. 61% Additional effort, purchasing and delivery! Economic efficiency – no additional costs

5. New Standard since 2002



- Roll-out to all kindergartens
- Ongoing information and documentation through the city of Villach newsletter
- Reports in various print and social media Setting up
- raised beds for self-cultivation Children's cooking
- children's restaurant, healthy snacks
- Further training for staff, regular jour fixes
- Healthy kitchen certification
- Weekly individual menu design





| | WES | Anzahl der zubereiteten Essen | | | | | BIO-Anteil |
|--------------|--------|-------------------------------|----------|------------|----------|---------|------------|
| | Ø Jahr | VKG-Essen | KG-Essen | Hort-Essen | ErwEssen | Summen | in % |
| | | | | | | | |
| Durchschnitt | 0,78 | 14.848 | 161.660 | 56.081 | 15.045 | 247.634 | 59,03 |

Average organic content: ~ 60% Average cost of goods: € 0.78 / meal